

# What can I put in my recycling bin?

Items should be  
Clean, Dry and Loose  
**Not tied up in  
plastic bags!**

✓ Yes please	✗ No thanks
 <b>Paper &amp; card</b> <ul style="list-style-type: none"> <li>• Junk mail</li> <li>• Cereal and egg boxes</li> <li>• Newspapers and magazines</li> <li>• Wrapping paper (if scrunchable)</li> <li>• Catalogues and directories</li> </ul>	<ul style="list-style-type: none"> <li>• Shredded paper</li> <li>• Paper towels</li> <li>• Tissues</li> </ul>
 <b>foil</b> <ul style="list-style-type: none"> <li>• Clean takeaway containers</li> <li>• Foil trays</li> <li>• Tin foil</li> </ul>	<ul style="list-style-type: none"> <li>• Pet food pouches</li> <li>• Food pouches</li> <li>• Crisp packets</li> </ul>
 <b>glass bottles &amp; jars</b> <ul style="list-style-type: none"> <li>• Wine bottles</li> <li>• Beer bottles</li> <li>• Perfume bottles</li> <li>• Jam jars</li> <li>• Sauce jars</li> </ul>	<ul style="list-style-type: none"> <li>• Pyrex®</li> <li>• Drinking glasses and crockery</li> </ul>
 <b>metal cans &amp; aerosols</b> <ul style="list-style-type: none"> <li>• Food cans</li> <li>• Drink cans</li> <li>• Pet food cans</li> <li>• Empty aerosols</li> <li>• Biscuit and sweet tins</li> </ul>	<ul style="list-style-type: none"> <li>• Cables</li> <li>• Batteries</li> <li>• Electrical items</li> </ul>
 <b>cartons</b> <ul style="list-style-type: none"> <li>• Fruit juice cartons</li> <li>• Custard cartons</li> <li>• Soup cartons</li> <li>• Milk cartons</li> </ul>	<ul style="list-style-type: none"> <li>• Plastic bags and film</li> <li>• Plastic bottle tops (smaller than a jam jar lid)</li> <li>• Plant pots and seed trays</li> <li>• Polystyrene</li> </ul>
 <b>plastic bottles &amp; containers</b> <ul style="list-style-type: none"> <li>• Milk/drinks bottles</li> <li>• Bathroom/laundry bottles and tubs</li> <li>• Moulded plastic packaging</li> <li>• Food, fruit and ready meal pots, tubs and trays</li> <li>• Plastic container lids</li> </ul>	

Contact 01243 642106 for more information & advice  
or visit [www.westsussexrecycles.org](http://www.westsussexrecycles.org)